

MASTERS ATHLETIC FEDERATION OF INDIA

TAMILNADU BRANCH

AFFILIATED BY MASTERS ATHLETIC FEDERATION OF INDIA

TAMILNADU STATE MASTERS ATHLETIC CHAMPIONSHIP - 2026

ORGANISED BY MASTERS ATHLETIC FEDERATION OF INDIA - ERODE BRANCH

Date: 9th October to 11th October 2026, Venue: VOC Park Stadium - Erode

DAY - 1 (9.10.2026 - FRIDAY)					
TIME	EVENT	GROUP	AGE	SPEC	ROUND
11.00 AM	HAMMER	MEN	30 & 35+	7.26 kg	FINAL
11.00 AM	HAMMER	WOMEN	70 & Above	2 kg	FINAL
11.00 AM	POLE VAULT	MEN	30+ to 45+		FINAL
1.00 PM	HAMMER	WOMEN	50 to 65+	3 kg	FINAL
1.00 PM	HAMMER	MEN	40 & 45+	7.26 kg	FINAL
2.30 PM	HAMMER	MEN	60 & 65+	5 kg	FINAL
2.30 PM	HAMMER	WOMEN	40 & 45+	4 kg	FINAL
1.30 PM	POLE VAULT	MEN	50 to 65+		FINAL
3.00 PM	5000 M WALK	MEN	30 & 35+	ST POINT 1	FINAL
3.00 PM	5000 M WALK	WOMEN	30 & 35+	ST POINT 2	FINAL
3.30 PM	5000 M WALK	MEN	40 & 45+	ST POINT 1	FINAL
3.30 PM	5000 M WALK	WOMEN	40 & 45+	ST POINT 2	FINAL
3.30 PM	POLE VAULT	MEN	70 & Above		FINAL
4.00 PM	HAMMER	WOMEN	30 & 35+	4 kg	FINAL
4.00 PM	HAMMER	MEN	50 & 55+	6 kg	FINAL
4.15 PM	5000 M WALK	MEN	50 & 55+	ST POINT 1	FINAL
4.15 PM	5000 M WALK	WOMEN	50 & 55+	ST POINT 2	FINAL
5.00 PM	POLE VAULT	WOMEN	ALL AGE GROUP		FINAL
5.00 PM	5000 M WALK	MEN	60 & 65+	ST POINT 1	FINAL
5.00 PM	5000 M WALK	WOMEN	60 & Above	ST POINT 2	FINAL
5.00 PM	HAMMER	MEN	70 & Above	3 kg	FINAL
5.45 PM	5000 M WALK	MEN	70 & Above	ST POINT 1	FINAL
DAY - 2 (10.10.2026 - SATURDAY)					
TIME	EVENT	GROUP	AGE	SPEC	ROUND
6.00 AM	5000 M	MEN	Above 80	ST POINT 1	FINAL
6.00 AM	5000 M	WOMEN	Above 80	ST POINT 2	FINAL
6.30 AM	TRIPLE JUMP	MEN	Above 80		FINAL
6.30 AM	HIGH JUMP	WOMEN	60 & Above		FINAL
6.30 AM	SHOT PUT	WOMEN	30 & 35+	4 kg	FINAL
6.30 AM	DISCUS THROW	MEN	30 & 35+	2 kg	FINAL
6.45 AM	5000 M	MEN	70 & 75+	ST POINT 1	FINAL
6.45 AM	5000 M	WOMEN	70 & 75+	ST POINT 2	FINAL
7.15 AM	5000 M	MEN	60 & 65+	ST POINT 1	FINAL
7.15 AM	5000 M	WOMEN	60 & 65+	ST POINT 2	FINAL
7.30 AM	TRIPLE JUMP	MEN	70 & 75+		FINAL
7.30 AM	HIGH JUMP	WOMEN	50 to 55+		FINAL
7.30 AM	SHOT PUT	WOMEN	40 & 45+	4 kg	FINAL
7.45 AM	DISCUS THROW	MEN	40 & 45+	2 kg	FINAL
8.00 AM	5000 M	MEN	50 & 55+	ST POINT 1	FINAL
8.00 AM	5000 M	WOMEN	50 & 55+	ST POINT 2	FINAL
8.45 AM	5000 M	MEN	40 & 45+	ST POINT 1	FINAL
8.45 AM	5000 M	WOMEN	40 & 45+	ST POINT 2	FINAL
9.00 AM	TRIPLE JUMP	MEN	60 & 65+		FINAL
9.00 AM	HIGH JUMP	WOMEN	40 & 45+		FINAL
9.00 AM	SHOT PUT	WOMEN	50 & 55+	3 kg	FINAL
9.00 AM	DISCUS THROW	MEN	50 & 55+	1.5 kg	FINAL
9.15 AM	5000 M	MEN	30 & 35+	ST POINT 1	FINAL
9.15 AM	5000 M	WOMEN	30 & 35+	ST POINT 2	FINAL
10.15 AM	100 M	MEN	90 & Above		FINAL
10.30 AM	100 M	WOMEN	80 & Above		FINAL
10.30 AM	TRIPLE JUMP	MEN	50 & 55+		FINAL
10.30 AM	HIGH JUMP	WOMEN	30 & 35+		FINAL
10.30 AM	SHOT PUT	WOMEN	60 & Above	3 kg, 2 kg	FINAL
10.30 AM	DISCUS THROW	MEN	60 & 65+	1 kg	FINAL
10.45 AM	100 M	MEN	80 & Above		FINAL
11.00 AM	100 M	WOMEN	70 & 75+		FINAL
11.15 AM	100 M	MEN	70 & 75+		FINAL
11.30 AM	100 M	WOMEN	60 & 65+		FINAL
11.40 AM	100 M	MEN	60 & 65+		FINAL

11.50 AM	100 M	WOMEN	50 & 55+		FINAL
12.00 PM	100 M	MEN	50 & 55+		FINAL
12.00 PM	TRIPLE JUMP	MEN	40 & 45+		FINAL
12.00 PM	DISCUS THROW	MEN	70 & Above	1 kg	FINAL
12.10 PM	100 M	WOMEN	40 & 45+		FINAL
12.20 PM	100 M	MEN	40 & 45+		FINAL
12.30 PM	100 M	WOMEN	30 & 35+		FINAL
12.40 PM	100 M	MEN	30 & 35+		FINAL
1.00 PM	400 M	MEN	90 & Above		FINAL
1.10 PM	400 M	WOMEN	80 & Above		FINAL
1.20 PM	400 M	MEN	80 & Above		FINAL
1.30 PM	400 M	WOMEN	70 & 75+		FINAL
1.30 PM	TRIPLE JUMP	MEN	30 & 35+		FINAL
1.30 PM	HIGH JUMP	MEN	30 & 35+		FINAL
1.30 PM	SHOT PUT	MEN	30 & 35+	7.26 kg	FINAL
1.30 PM	DISCUS THROW	WOMEN	30 & 35+	1 kg	FINAL
1.40 PM	400 M	MEN	70 & 75+		FINAL
1.50 PM	400 M	WOMEN	60 & 65+		FINAL
2.00 PM	TRIPLE JUMP	WOMEN	Above 70		FINAL
2.00 PM	400 M	MEN	60 & 65+		FINAL
2.10 PM	400 M	WOMEN	50 & 55+		FINAL
2.20 PM	400 M	MEN	50 & 55+		FINAL
2.25 PM	400 M	WOMEN	40 & 45+		FINAL
2.30 PM	400 M	MEN	40 & 45+		FINAL
2.35 PM	400 M	WOMEN	30 & 35+		FINAL
2.40 PM	400 M	MEN	30 & 35+		FINAL
2.40 PM	TRIPLE JUMP	WOMEN	50 to 65+		FINAL
2.40 PM	HIGH JUMP	MEN	40 & 45+		FINAL
2.40 PM	SHOT PUT	MEN	40 & 45+	7.26 kg	FINAL
2.40 PM	DISCUS THROW	WOMEN	40 & 45+	1 kg	FINAL
3.00 PM	80M H	WOMEN	60 & Above	12,7,19 - 68	FINAL
3.10 PM	80M H	MEN	80 & Above	12,7,19 - 68	FINAL
3.20 PM	80M H	MEN	70 & 75 +	12,7,19 - 76	FINAL
3.30 PM	80M H	WOMEN	50 & 55+	12,7,19 -76	FINAL
3.40 PM	80M H	WOMEN	40 & 45+	12,8,12 -76	FINAL
3.50 PM	100M H	WOMEN	30 & 35 +	13,8,5,10,5 -84	FINAL
4.00 PM	TRIPLE JUMP	WOMEN	30 & 45 +		FINAL
4.00 PM	HIGH JUMP	MEN	50 & 55+		FINAL
4.00 PM	SHOT PUT	MEN	50 & 55+	6 kg	FINAL
4.00 PM	DISCUS THROW	WOMEN	50 & 55+	1 kg	FINAL
4.00 PM	100M H	MEN	60 & 65+	12,8,16 - 84	FINAL
4.10 PM	100M H	MEN	50 & 55+	13,8,5,10,5-91	FINAL
4.20 PM	110M H	MEN	40 & 45+	13,72,9,14,14.02 - 99	FINAL
4.30 PM	110M H	MEN	30 & 35 +	13,72,9,14,14.02 - 99	FINAL
4.40 PM	INAGURATION				
5.30 PM	1500 M	MEN	90 & Above		FINAL
5.30 PM	HIGH JUMP	MEN	60 & Above		FINAL
5.30 PM	SHOT PUT	MEN	60 & Above	5 kg	FINAL
5.30 PM	DISCUS THROW	WOMEN	60 & Above	1 kg	FINAL
5.40 PM	1500 M	WOMEN	80 & Above		FINAL
5.45 PM	1500 M	MEN	80 & Above		FINAL
5.50 PM	1500 M	WOMEN	70 & 75+		FINAL
6.00 PM	1500 M	MEN	70 & 75+		FINAL
6.10 PM	1500 M	WOMEN	60 & 65+		FINAL
6.20 PM	1500 M	MEN	60 & 65+		FINAL
6.30 PM	1500 M	WOMEN	50 & 55+		FINAL
6.35 PM	1500 M	MEN	50 & 55+		FINAL
6.40 PM	1500 M	WOMEN	40 & 45+		FINAL
6.45 PM	1500 M	MEN	40 & 45+		FINAL
6.50 PM	1500 M	WOMEN	30 & 35+		FINAL
7.00 PM	1500 M	MEN	30 & 35+		FINAL
DAY 3 (11.10.26 - SUNDAY)					
TIME	EVENT	GROUP	AGE	SPEC	ROUND
6.00 AM	800 M	MEN	90 & Above		FINAL
6.10 AM	800 M	WOMEN	80 & Above		FINAL
6.20 AM	800 M	MEN	80 & Above		FINAL
6.30 AM	800 M	WOMEN	70 & 75+		FINAL

6.30 AM	JAVELIN	MEN	80 & Above	400 gms	FINAL
6.30 AM	JAVELIN	WOMEN	70 & Above	400 gms	FINAL
6.30 AM	LONG JUMP	MEN	30 & 35+		FINAL
6.30 AM	LONG JUMP	WOMEN	80 & Above		FINAL
6.40 AM	800 M	MEN	70 & 75+		FINAL
6.50 AM	800 M	WOMEN	60 & 65+		FINAL
7.00 AM	800 M	MEN	60 & 65+		FINAL
7.10 AM	800 M	WOMEN	50 & 55+		FINAL
7.20 AM	800 M	MEN	50 & 55+		FINAL
7.30 AM	800 M	WOMEN	40 & 45+		FINAL
7.40 AM	800 M	MEN	40 & 45+		FINAL
7.50 AM	800 M	WOMEN	30 & 35+		FINAL
8.00 AM	800 M	MEN	30 & 35+		FINAL
8.00 AM	JAVELIN	MEN	70 & 75+	500 gms	FINAL
8.00 AM	JAVELIN	WOMEN	60 & 65+	400 gms	FINAL
8.00 AM	LONG JUMP	MEN	40 & 45+		FINAL
8.00 AM	LONG JUMP	WOMEN	60,65,70 & 75+		FINAL
8.15 AM	200 M	MEN	90 & Above		FINAL
8.25 AM	200 M	WOMEN	80 & Above		FINAL
8.35 AM	200 M	MEN	80 & Above		FINAL
8.45 AM	200 M	WOMEN	70 & 75+		FINAL
8.55 AM	200 M	MEN	70 & 75+		FINAL
9.05 AM	200 M	WOMEN	60 & 65+		FINAL
9.15 AM	JAVELIN	MEN	60 & 65+	600 gms	FINAL
9.15 AM	JAVELIN	WOMEN	50 & 55+	500 gms	FINAL
9.15 AM	LONG JUMP	MEN	50 & 55+		FINAL
9.15 AM	LONG JUMP	WOMEN	50 & 55+		FINAL
9.15 AM	200 M	MEN	60 & 65+		FINAL
9.25 AM	200 M	WOMEN	50 & 55+		FINAL
9.35 AM	200 M	MEN	50 & 55+		FINAL
9.40 AM	200 M	WOMEN	40 & 45+		FINAL
9.45 AM	200 M	MEN	40 & 45+		FINAL
9.50 AM	200 M	WOMEN	30 & 35+		FINAL
9.55 AM	200 M	MEN	30 & 35+		FINAL
10.15 AM	LONG JUMP	MEN	60 & 65+		FINAL
10.15 AM	LONG JUMP	WOMEN	40 & 45+		FINAL
10.30 AM	JAVELIN	MEN	50 & 55+	600 gms	FINAL
10.30 AM	JAVELIN	WOMEN	40 & 45+	600 gms	FINAL
10.45 AM	200M H	MEN	80 & Above	20,35,40 - 68	FINAL
11.00 AM	200M H	WOMEN	70 & Above	20,35,40 - 68	FINAL
11.15 AM	300 M H	WOMEN	50 & Above	50,35,40- 76	FINAL
11.30 AM	300M H	MEN	70 & 75 +	50,35,40- 68	FINAL
11.45 AM	300 M H	MEN	60 & 65+	50,35,40- 76	FINAL
12.00 PM	400 MH	WOMEN	40 & 45+	45,35,40 - 76	FINAL
12.00 PM	JAVELIN	MEN	40 & 45+	800 gms	FINAL
12.00 PM	JAVELIN	WOMEN	30 & 35+	600 gms	FINAL
12.00 PM	LONG JUMP	MEN	70 & Above		FINAL
12.00 PM	LONG JUMP	WOMEN	30 & 35+		FINAL
12.15 PM	400 M H	WOMEN	30 & 35+	45,35,40 - 76	FINAL
12.30 PM	400 M H	MEN	50 & 55+	45,35,40 - 84	FINAL
12.45 PM	400 M H	MEN	40 & 45+	45,35,40 - 91	FINAL
1.00 PM	400 M H	MEN	30 & 35+	45,35,40 - 91	FINAL
1.30 PM	JAVELIN	MEN	30 & 35+	800 gms	FINAL
2.30 PM	4x100 M RELAY	MEN & WOMEN	60+ & Above		FINAL
2.40 PM	4x100 M RELAY	MEN & WOMEN	50+ to 55+		FINAL
3.00 PM	4x100 M RELAY	MEN & WOMEN	40+ to 45+		FINAL
3.30 PM	4x100 M RELAY	MEN & WOMEN	30+ to 35+		FINAL
4.00 PM	CLOSING CEREMONY				

NOTE:

*The Organizing Committee reserves the right to change the **order and timing of events**.

***Call Room Reporting:** All athletes must report to the Call Room

45 minutes before the scheduled start of their event.

***Relay Teams:** The final four members of each relay team must be confirmed **2 hours before the event**.

***Track Events:** All track events will be conducted as **TIME TRAILS**.

***Field Events:** Each athlete will be allowed **3 attempts, expect HJ & PV**

CONTACT : M. GOVINDARAJ - 9384290222
SECRETARY
MAFI - TAMILNADU BRANCH